

TRACK & FIELD CHECKLIST

UNIFORMS

- Game Singlet
- Game Short
- Warm-Ups
- Cold Gear

HURDLES

- Hurdles: Good, Better, Best
- Hurdle Boards
- Hurdle Cart

POLE VAULT

- Pole Vault Landing System
- Pole Vault Pole: Men
- Pole Vault Pole: Women
- Pole Vault Tips
- Pole Vault Crossbar
- Pole Vault Standards and Padding
- Pole Vault Box Collar
- Pole Vault Box

HIGH JUMP

- High Jump Landing System
- High Jump Standards and Padding
- High Jump Crossbar
- Elastic Crossbar

DISCUS

- Rubber Practice Discus
- Meet Discus
- Discus Ring

STARTING SUPPLIES

- Starting Blocks: Good, Better, Best
- Indoor Starting Blocks
- Starting Pistols
- Starting Blanks
- Starters Sleeve

TRAINING

- Resistance Chute
- Agility Ladder
- Acceleration Ladder
- Step Hurdles
- Medicine Balls

GENERAL SUPPLIES

- Pit Rakes
- Megaphone
- Lap Counters
- Cross Country Kits
- Stop Watches: Good, Better, Best
- Stopwatch with Printer
- Spikes
- Spike Wrenches
- Batons
- Measuring Tapes
- Take-Off Board
- Gatorade