

# TENNIS CHECKLIST

## UNIFORMS

- Game Jersey
- Game Short
- JH Uniforms
- Practice Jersey
- Travel Gear
- Shoes
- Socks

## EQUIPMENT

- Tennis Nets
- Rol-Dri
- Game Tennis Balls
- Practice Tennis Balls
- Score Keeper
- Windscreen

## TRAINING

- Jump Ropes
- Weighted Jump Ropes
- Agility Ladder
- Step Hurdles
- Medicine Balls

## GENERAL SUPPLIES

- Scorebooks
- Whistles/Lanyards
- Stop Watches
- Water Bottles
- Water Bottle Carrier
- Ankle Tape
- Blister Tape
- Active Ankles
- Gatorade